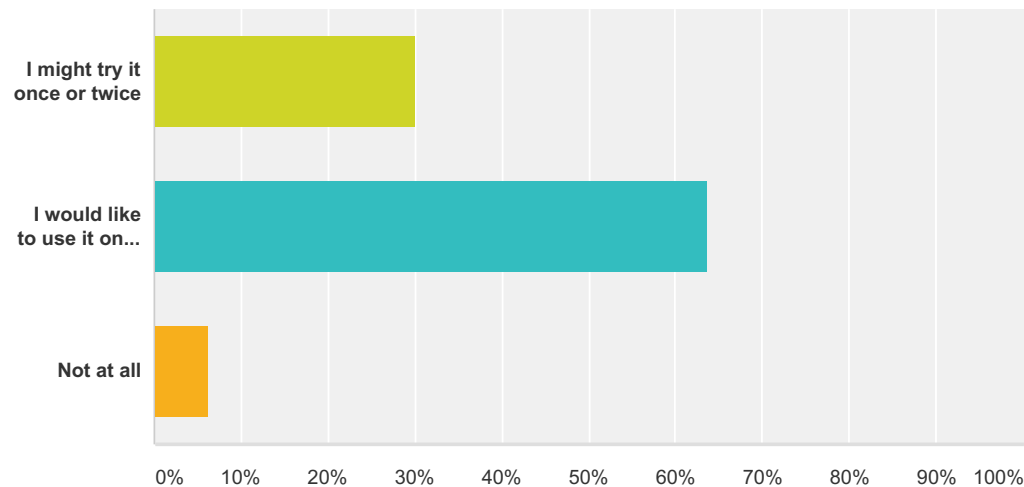


Q1 How often do you think you would use the Fitness Zone?

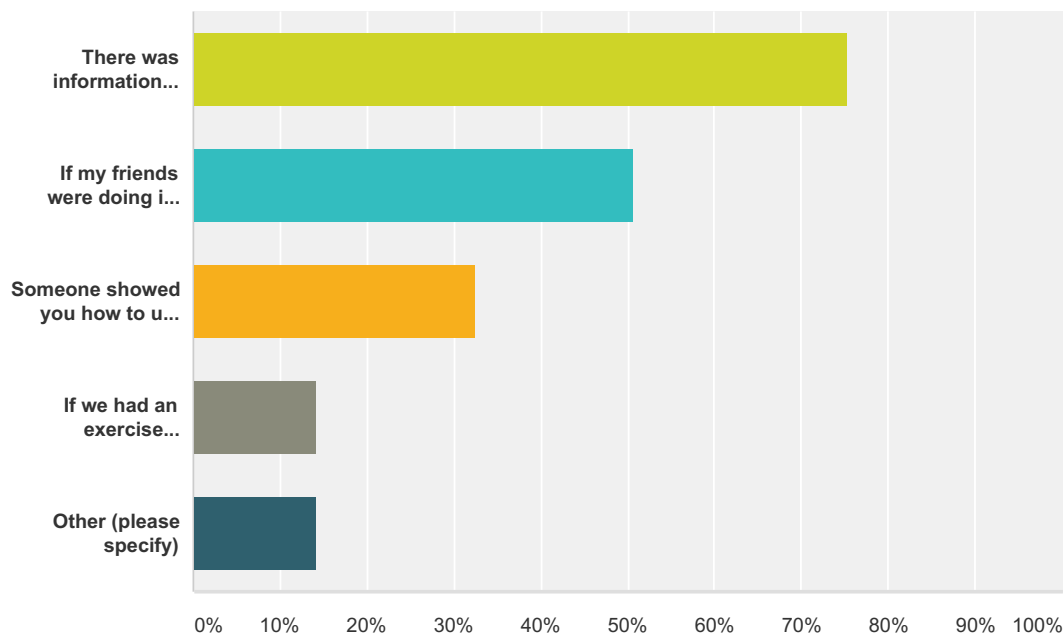
Answered: 80 Skipped: 0



Answer Choices	Responses	
I might try it once or twice	30.00%	24
I would like to use it on a regular basis	63.75%	51
Not at all	6.25%	5
Total		80

Q2 Would you use the Fitness Zone more often if (check as many as apply):

Answered: 77 Skipped: 3



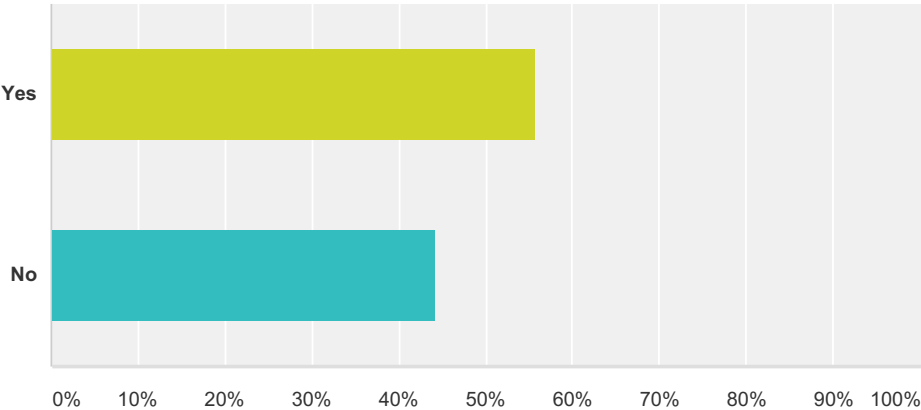
Answer Choices	Responses
There was information available on how to put together an exercise routine for your level of fitness and how to improve your strength and stamina	75.32% 58
If my friends were doing it with me	50.65% 39
Someone showed you how to use the equipment	32.47% 25
If we had an exercise competition going on	14.29% 11
Other (please specify)	14.29% 11
Total Respondents: 77	

#	Other (please specify)	Date
1	If it were at high point play field	6/16/2015 2:12 PM
2	If I could teach people how to use it!	6/16/2015 12:05 PM
3	It was near the children play area so I could watch my kids play while I exercised.	6/16/2015 9:28 AM
4	If bus service were more frequent to this location from Alki. We only have hourly buses on Sunday.	6/15/2015 4:01 PM
5	Not having to wait in a long line to use said equipment, meaning there were more than one if it that popular.	6/15/2015 2:40 PM
6	I can watch my children play while I use it.	6/15/2015 1:46 PM
7	If I was near the playground area. I have small children.	6/15/2015 1:05 PM
8	I could easily keep an eye on my children playing nearby me.	6/15/2015 12:22 PM
9	able to watch my kids on the playground at the same time	6/15/2015 11:00 AM
10	instructions on using the equipment correctly close to or on the equipment	6/5/2015 4:01 PM
11	If I frequently saw other people using it, it would remind me.	6/5/2015 12:33 PM

Q3 Would you be more likely to use the Fitness Zone if a pair of the same piece of

equipment was provided for you to perform the same exercise next to a friend?

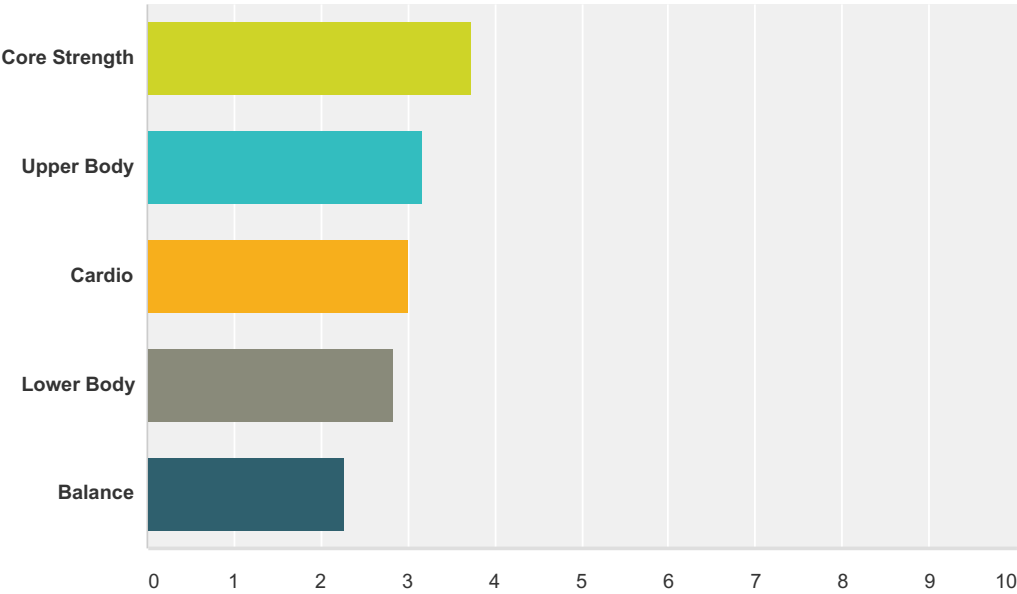
Answered: 79 Skipped: 1



Answer Choices	Responses
Yes	55.70%44
No	44.30%35
Total	79

Q4 Please rank your interest in the following types of exercise: (You can drag and drop each row in your preferred order, 1-High, 5-Low)

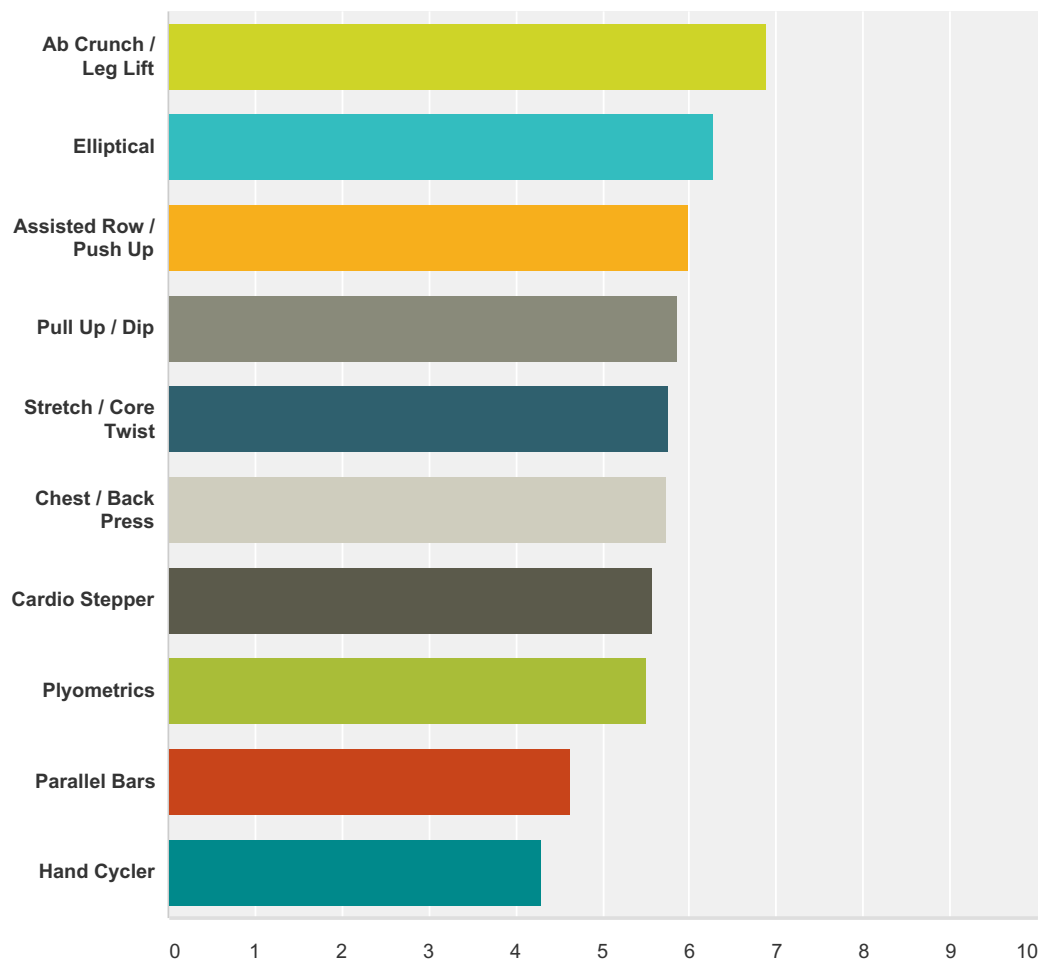
Answered: 64 Skipped: 16



	1	2	3	4	5	Total	Score
Core Strength	37.10% 23	27.42% 17	14.52% 9	14.52% 9	6.45% 4	62	3.74
Upper Body	23.21% 13	19.64% 11	25.00% 14	16.07% 9	16.07% 9	56	3.18
Cardio	25.42% 15	18.64% 11	16.95% 10	8.47% 5	30.51% 18	59	3.00
Lower Body	8.77% 5	19.30% 11	28.07% 16	35.09% 20	8.77% 5	57	2.84
Balance	5.08% 3	15.25% 9	20.34% 12	20.34% 12	38.98% 23	59	2.27

Q5 Please rank your interest in the equipment above: (You can drag and drop each row in your preferred order 1-High, 5-Low)

Answered: 59 Skipped: 21

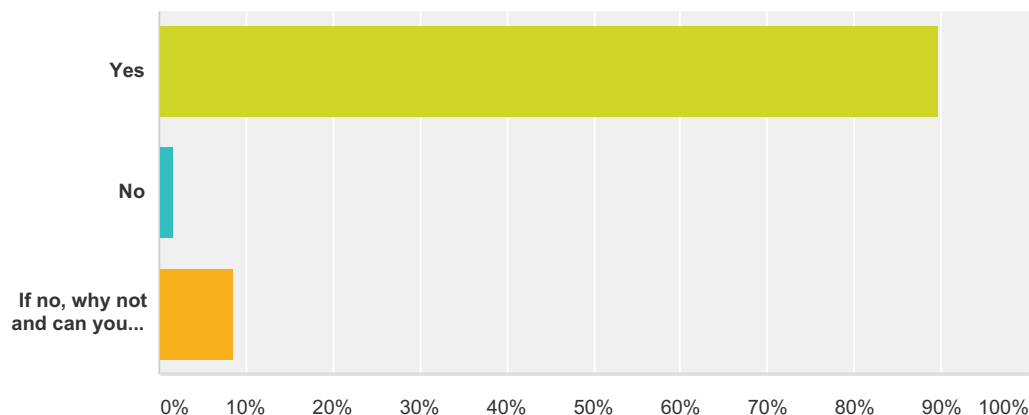


	1	2	3	4	5	6	7	8	9	10	Total	Score
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Ab Crunch / Leg Lift	11.11% 6	16.67% 9	14.81% 8	18.52% 10	12.96% 7	11.11% 6	9.26% 5	1.85% 1	0.00% 0	3.70% 2	54	6.89
Elliptical	24.56% 14	19.30% 11	10.53% 6	0.00% 0	5.26% 3	3.51% 2	3.51% 2	10.53% 6	7.02% 4	15.79% 9	57	6.28
Assisted Row / Push Up	11.32% 6	3.77% 2	11.32% 6	13.21% 7	22.64% 12	11.32% 6	13.21% 7	3.77% 2	3.77% 2	5.66% 3	53	6.00
Pull Up / Dip	17.65% 9	7.84% 4	5.88% 3	11.76% 6	11.76% 6	7.84% 4	9.80% 5	11.76% 6	9.80% 5	5.88% 3	51	5.86
Stretch / Core Twist	5.88% 3	9.80% 5	11.76% 6	9.80% 5	13.73% 7	21.57% 11	9.80% 5	5.88% 3	7.84% 4	3.92% 2	51	5.76
Chest / Back Press	5.36% 3	12.50% 7	14.29% 8	16.07% 9	8.93% 5	7.14% 4	12.50% 7	5.36% 3	8.93% 5	8.93% 5	56	5.75
Cardio Stepper	13.21% 7	15.09% 8	9.43% 5	9.43% 5	3.77% 2	5.66% 3	3.77% 2	11.32% 6	18.87% 10	9.43% 5	53	5.57
Plyometrics	6.12% 3	2.04% 1	16.33% 8	14.29% 7	8.16% 4	14.29% 7	18.37% 9	10.20% 5	6.12% 3	4.08% 2	49	5.51
Parallel Bars	4.00% 2	14.00% 7	4.00% 2	8.00% 4	4.00% 2	8.00% 4	12.00% 6	16.00% 8	20.00% 10	10.00% 5	50	4.64
Hand Cyclor	7.27% 4	7.27% 4	10.91% 6	0.00% 0	9.09% 5	7.27% 4	3.64% 2	16.36% 9	12.73% 7	25.45% 14	55	4.31

Q6 We are trying to place Fitness Zones: 1) where caregivers can watch their children in the playground while they use the equipment 2) not on slopes 3) not close to trees where construction would harm tree roots Considering these factors, would you say that our preliminary location for a Fitness Zone in your park is the best location?

Answered: 59 Skipped: 21



Answer Choices

Responses

Yes	89.83%	53
No	1.69%	1
If no, why not and can you describe a better location?	8.47%	5
Total		59

#	If no, why not and can you describe a better location?	Date
1	If the fitness zone is just for caregivers, then that's a great location. But for others, it would be great to be on the other side of the path, slightly away from the chaos of the play area, where people can still see kids but have a little more concentration. That's also wheelchair accessible, no?	6/15/2015 10:11 PM
2	From the photo above, are the areas in orange being considered? It appears that they are highlighting the slopes, not identifying possible fitness zones. I'm confused. Where exactly is the location being considered?	6/15/2015 9:01 PM
3	Would prefer all to the west of the play area, to make it feel more like it's own thing. I think it would feel weird to be working out right next to the parking lot. Question if caregivers will use equipment as intended, or just sort of lean/sit/hover in the fitness area.	6/7/2015 8:15 PM
4	However, I don't think anything next to the skate park is a good idea. There are usually a lot of people over there coming and going.	6/5/2015 4:10 PM
5	Roxhill Park	6/2/2015 9:09 PM

Q7 Is there anything else we should know about this park and how it is used that would help us make this Fitness Zone a success?

Answered: 12 Skipped: 68

#	Responses	Date
1	It would be great if there was an overhead structure above the equipment that could protect against the elements (sun and rain). This would offer more year round usability. It also would probably increase the lifespan of the equipment.	6/16/2015 9:34 AM
2	provide rubber tire surface	6/16/2015 12:05 AM
3	Not that I can think of	6/15/2015 11:27 PM
4	This is yet another great improvement to Delridge. Thanks.	6/15/2015 10:11 PM
5	The open grassy area west of the play area/skatepark/wading pool and north of the tennis courts is VERY muddy and swampy. We seldom use this neighborhood park for open play because of the squishy land.	6/15/2015 9:01 PM
6	Who's going to keep it clean? No one will use it if it's dirty and covered with tree pollen and bird crap.	6/15/2015 3:00 PM
7	Is there any equipment that would be particularly helpful for the skaters?	6/15/2015 1:53 PM
8	Just make it impregnable to vandalism! Many thanks!	6/15/2015 1:46 PM
9	I agree with placing it close to where caregivers can watch their children. Thank you!	6/15/2015 1:42 PM
10	no	6/15/2015 1:18 PM
11	It would be good to have it close to the playground so parents could work out while their children play.	6/5/2015 1:31 PM
12	Mothers with children go to this park so women's fitness and machines that are women friendly are important.	6/2/2015 7:17 PM